

Rules Summary for Adults

	1st Division	2nd Division	3rd Division	Over 35 Division
Ball Size	5	5	5	5
# of Players	11 v 11	11 v 11	11 v 11	8 v 8
	minimum of 7 players	minimum of 7 players	minimum of 7 players	minimum of 5 players
Duration of Game	2- 45 minute halves	2- 45 minute halves	2- 45 minute halves	2- 30 minute halves
Slide Tackles	Safe, not	Safe, not	Safe, not	NOT ALLOWED
	from behind	from behind	from behind	
Teams must use	Arkansas State Soccer	Arkansas State Soccer	Arkansas State Soccer	Arkansas State Soccer
an official roster				
& player passes	MUST BE LAMINATED	MUST BE LAMINATED	MUST BE LAMINATED	MUST BE LAMINATED
Substitutions	Only 8 substitutions (FIFA)	Unlimited (USSF)	Unlimited (USSF)	Unlimited (USSF)
Home team is	Game Ball &	Game Ball &	Game Ball &	Game Ball &
responsible for	Uniform conflict	Uniform conflict	Uniform conflict	Uniform conflict
Teams are	Their own	Their own	Their own	Their own
responsible for	supporters & fans	supporters & fans	supporters & fans	supporters & fans
Technical	Only players or coaches	Only players or coaches	Only players or coaches	Only players or coaches
area	with passes	with passes	with passes	with passes
Goal Difference	8	8	8	8
Yellow Card	Yes	Yes	Yes	No
Accumulation				

- Team supporters & fans must be on the opposite side of the player benches. Weather: If you see lightning and hear thunder within 30 seconds of the strike CLEAR THE FIELD.
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- Game cancellations will be announced by 4:00 p.m. on weekdays and by 8:00 a.m. on weekends. This information can be accessed at www.rogersarkansas.com/recreation or by calling 479-631-0336 and choosing option #1.